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and displays

your heart rate

and other data

during training.

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WearLink+ transmitter transmits the heart rate signal to the training computer. The WearLink+ transmitter consists of a connector (A) and strap (B).

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monitor records
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and other data
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heart rate
sensor transmits
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heart rate monitor. The heart rate sensor consists of a connector (A) and strap (B) .

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Training . Wear
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intensities
accordingly.

3. TRAINING /
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